The aesthetic challenge

By Dr. Mohamed El Sayed Hassanien, Egypt

Patient's satisfaction has always been the main goal of dental professionals particularly with esthetics. As the popularity of aesthetic dentistry increases, a growing number of patients are seeking treatment for improvement of unsatisfactory anterior dentition. Accordingly, several treatment options have been proposed to restore the pleasant esthetic appearance that the patients are always seeking.

Based on the conservative approach and minimal invasive dentistry protocols, ceramic laminate veneers have been introduced to satisfy the patients growing esthetic demands.

Many construction techniques have been utilized in the dental market whether directly or indirectly to fabricate ceramic laminate veneers.

CAD/CAM being state of the art dental technology offers lots of merits for both the clinician and the patient. Being a chair side same day procedure, utilizing intra oral scanning avoiding conventional physical impressions, and long-term provisional restorations thus producing an esthetic all-ceramic restoration with highest degrees of accuracy and precision.

Case presentation

A twelve year girl, medically healthy, denies taking any medications visited my clinic complaining of fractured upper two central incisors Fig. 1 & 2. After clinical and radiographic examination, which revealed complete root formation, two ceramic veneers for both central incisors were proposed as a treatment option to solve her complaint.

Tooth preparation

Tooth preparations were made using the depth-guided diamond wheel no. 018 to indicate the facial reduction amount of 0.4 mm for both teeth. The labial diamond bur no. 016 was used to complete the preparation on the labial surface and precisely reproduce the cervical finish line located just below the free gingival margin Fig. 3.

Incipient preparations were made with type two-veneer preparation design ending with a butt joint on the incisal edge and not involving the palatal wrap around.

Finally finishing bur no. 014 was used to finish and smooth all the preparation surfaces Fig. 4.

All teeth preparations were made with loupe of magnification 2.5 X for better precision.

CAD/CAM fabrication steps

In lab SW 4.2.3 was used to scan, design and mill these two veneers.

The case was administrated as two veneers on tooth number 8 and 9; with the bio-generic indication tool on the middle and Incisal areas. Empress Cad white stain was used to match the adjacent teeth, Empress Cad paste glaze was selected from Ivoclar Vivadent Empress Cad Fig.5.

Intra oral scanning

Sirona Omnicam was used to scan the upper, lower and buccal catagoures to formulate the 3D virtual colored model. Margins were determined for each tooth separately and insertion axis were determined depending on their corresponding path of insertion.

Virtual design

The virtual design was proposed with the SW, both veneers were virtually linked as a group so they were both virtually active. The bio generic variation tool was used to give the best morphological proposal to match with the adjacent teeth. The Grid tool was used to show the veneers proportions to ensure that the two veneers showed similar length to width relations Fig.6.

With the two veneers linked, restoration virtual translucency tool was used to check the amount of ceramic extension in relation to the underlying tooth preparation Fig.7.

SW 4.2 showed a new colored model tool, which enables the operator to see both veneers with the same color match for more valid size comparison Fig.8.

Shade matching

Visual shade matching was used for this case. Where the adjacent sound teeth showed A1 shade. Empress Cad blocks being a Lucite reinforced ceramic material was chosen for this case with a low translucency in order to mimic the adjacent shade of the teeth. Try in stage was done for the patient before glazing to check for proper seating and accuracy of the margins.

Glazing and characterization

Both veneers were seated properly with the object to fix putty material for better handling during glaze and stain process.

Empress Cad paste glaze was the material of choice for glazing the two veneers. In order to match the adjacent teeth, Empress Cad white stain was used on the middle and incisal areas in a scattered pattern with a thin brush to give the natural white stain effect. Single cycle was used for staining and glazing together Fig.9.

Cementation procedures

• Ceramic veneer surface treatment:
  • HF 4 % Empress etching gel was
KaVo MASTErSurg LUX Wireless: Redefining the best

By KaVo

With the successful launch of the EXPERTsurg LUX surgical unit and the SURGmatic instruments KaVo recently celebrated its comeback as a main player in the dental surgery field. As one of the world market leaders the dental company now presents another highlight: The MASTErSurg LUX wireless surgical unit. Thereby KaVo confirms its market position as a leading and innovative international dental player.

The new KaVo MASTErSurg now completes the attractive KaVo surgical portfolio and redefines surgical standards. Therewith all dentists and dental surgeons, no matter what their different individual needs are, will find the perfect solution for their surgical work. The KaVo MASTErSurg surgical unit convinces through outstanding comfort. It is offering a wireless foot control, allowing the user a great freedom of movement. The data documentation function supports procedure by real-time displaying of the torque and other important digital data and saving it concurrently.

KaVo MASTErSurg makes it real: a customizable surgical unit that adapts to dentists’ and dental surgeons’ individual requirements. E.g., multiple programs, each with up to 10 treatment steps, maximum speed, maximum torque and even more parameters can individually be defined and saved.

The new INTRA LUX S600 LED, one of the lightest and smallest surgical motors in the world, enables to work with high power and precision.

When it comes to performance and comfort, KaVo continues to set the benchmark with the EXPERTsurg and the MASTErSurg controllers, the SURGmatic instruments (now available with hexagon clamping system with optimized head gearing) and the INTRA LUX S600 LED motor. All these components combine to a system for dental surgery that is not only easy to use but that provides save and highly precise tools for dentists and dental surgeons to face their daily challenges.

Nobel Biocare to join Danaher dental business

By Dental Tribune International

ZHURICH, Switzerland/CHARLOTTE, N.C., USA: Today, Danaher, a US health care conglomerate of brands from various industries, and Swiss dental manufacturer Nobel Biocare announced that the two companies have entered into a definitive transaction agreement. In order to further expand its global dental business, Danaher has offered to buy Nobel Biocare, which is the second-largest supplier of dental implants worldwide, for CHF2 billion (US$2.1 billion).

As reported by Dental Tribune ONLINE earlier this year, Nobel Biocare confirmed that it had been approached at the end of July by third parties with a potential interest in acquiring the business. Now, the company’s board of directors has unanimously decided to recommend that Nobel Biocare’s shareholders accept the offer, which in...
Concepts, goals and techniques for successful orthognathic surgery

By Dr. Theodore D. Freeland, USA

In this article, you will be introduced to the concepts, goals and techniques needed to diagnose surgical cases, when surgical cases should be started and how to gain the knowledge needed to create successful results.

We'll delve into joint status, soft-tissue analysis, surgical treatment objectives, pre-treatment surgical setups and surgical setups. We'll then follow-up by looking at the concepts of natural head position, the axis-horizontal plane and the true vertical line will be introduced. By the end of this article, you should have:

- An overview of the knowledge needed for successful treatment.
- An introduction into what, when and how to perform successful cases.
- An overview of joint health.
- A summary of the soft-tissue analysis.
- An overview of the surgical treatment objective.
- An overview of diagnostic and surgical setups.

Remember that this article is an introduction only; it's not intended to teach you how to do surgical cases. Advanced training will be required to master successful orthognathic surgical cases. So with no further ado, let's get started.

Functional occlusion

The goal is to obtain functional occlusion. Before treatment, you have to determine if you have an orthodontic surgery case. You don't want to begin orthodontic treatment with the idea that if orthodontics fails, we will do surgery.

You'll see in Figures 1–5 that this case involves every facet of dentistry. Changes occurred not only in the facial features, but also in the teeth themselves. It involved orthodontic and orthognathic surgery, but also lengthening the front teeth by the restorative dentist to achieve the natural smile in balance (Figs. 1–2).

Finally, we need to look into any past treatment. Has the patient had orthodontics before? Has the patient had a lot of restorative dentistry? This is important because all of the above have a tendency to affect joint status.

Joint issues that will affect the outcome of treatment. After an oral investigation, a thorough clinical examination of the joints will need to occur. We'll be on the lookout for any type of injuries to the mandible. If the patient has had any injury that involves the chin, there's a good chance that the joint may have been damaged.

Finally, we need to look into any past treatment. Has the patient had orthodontics before? Has the patient had a lot of restorative dentistry? This is important because all of the above have a tendency to affect joint status.

Surgical evaluation

Finally, you need to know surgery. I recommend that the orthodontist be in the operating room so you know what the surgeon is doing, and how the surgery goes. It's very important to know that the surgeon gets the joints seated in a passive manner. If the joint is stressed, then there's a good chance that we'll have some surgical relapse.

Joint status

Joint analysis will include three portions: history, a clinical examination and imaging.

Building a history will be similar to traditional patient assessment. We need to know if there are any family members who exhibit TMJ problems. If yes, then there's a good chance the patient will develop significant joint issues that will affect the outcome of treatment. After an oral investigation, a thorough clinical examination of the joints will need to occur. We'll be on the lookout for any type of injuries to the mandible. If the patient has had any injury that involves the chin, there's a good chance that the joint may have been damaged.

Finally, we need to look into any past treatment. Has the patient had orthodontics before? Has the patient had a lot of restorative dentistry? This is important because all of the above have a tendency to affect joint status.

Clinical examination

Next is the clinical examination. Clinical examination includes the following:

- range of motion,
- symmetry of jaw motion,
- palpation,
- auscultation,
- muscle splinting,
- CR position.

Range of motion should be between 45 mm and 55 mm on opening and includes assessing movement. We're looking for a symmetrical mandible motion — meaning the chin should not deviate to the left or right on opening — and it should be relatively free of dental interference.

Now check for palpation of the muscles of mastication. If you don't check the muscles that move the mandible, then there's a good chance that you'll miss some sort of functional bite issue. We also listen to the joint with a stethoscope, and we apply some anterior pressure to the disc through external auditory meatus to make sure the disc is functioning properly.

When trying to manipulate the mandible, one can feel the muscles. If the muscles will not let you obtain a centric joint position, then we cannot do a diagnosis because the muscles aren't holding the condyle out of the socket. This is usually due to some inflammation.

Finally, we will check what we call the centric relation position, which you should be able to feel. It should feel solid and the patient should be able to open from this position with relative ease, and there should be no noises.

Imaging

The clinical examination will tell us a lot about the joint status. The use of imaging will help us build our base of case-specific intelligence. We'll use two types of imaging: MRI and cone beam.
LCBCT

Most of the time, we start with cone beam because it’s easy to obtain a 3-D image of the joints. Thanks to the work of Rickets and Dr Ikeda, we have a way to measure joint position and get an idea of how the condyles are seated. With cone beam, we can measure the health of the condyles.

Our imaging showed a joint that is in a state of degeneration. The condylar head has changed in vertical height. Therefore, we would expect to see an asymmetrical opening where the chin deviates to the affected side. In all three views (sagittal, coronal, and axial), we have a condyle that is actually changing, especially when you make a comparison to the left condyle (Fig. 5).

In a side-by-side presentation, you can see that the left side is definitely in a lot better shape, having a more rounded effect to it. The size of the coronal view is one that shows a definite symmetric outline to it as compared to the left side. The axial view confirms this; you see that the shape is better and has a more dense outline.

Thus, our basic imaging system helps us determine which case, one side is going to be the problem side, especially as it pertains to orthognathic surgery.

If we go to the two-dimensional view and create it in the cone beam, we can see that the right joint has definitely lost vertical height, and we definitely have a joint space that is excessive (Figs. 4 & 5).

In the coronal view, we can even see that there may be some sort of cyst formation. When you compare the right side to the left side in the coronal view, you get a more traditional image of what we expect to see. In this case, one side is going to be the problem side, especially as it pertains to orthognathic surgery.

Soft-tissue analysis

When we’re trained in orthodontics, we’re trained in hard-tissue analysis, otherwise all of our cephalometric analysis are based on hard structures. If you use hard structure to determine soft-tissue corrections, then you are missing what’s going on in soft tissue. That’s why a soft-tissue analysis is so important.

Using soft-tissue markers with 3-D facial mapping, we are able to diagnose the soft tissue, and we can also relate it to the hard tissue.

In Figure 4, we’ve overlaid the soft tissue on top of the hard tissue. With the markers on, after we convert it to a two-dimensional X-ray, we can see where the sub-papigeal area is, where the checkpoints are and where the alar base is. In addition, you will see a marker that we call a hinge access marker, which comes from establishing the true hinge axis of the patient. There is also a marker that’s placed on the nose that we call the horizontal point.

We are going to analyze everything from a basic coordinate system of a true vertical to an axis horizontal.

The image is orientated from the axis horizontal plane and the true vertical plane, which is based on the patient's natural head position.

Figure 5 shows how these two corners are at 90 degrees from each other. In this analysis, we’re recording all of our soft-tissue measurements, both horizontal and vertical, and we’re going to base them on the line that runs through the subnasal (SN). This establishes the true vertical line based on natural head position.

Furthermore, we’re including a few hard-tissue measurements that will tell us about the architecture of the mandible. These come from Ricketts and from the Jarabak analysis. With this analysis, we can cover the basis that we need for orthodontics, but we also can cover what we need in a surgical workflow.

We also need a frontal analysis, which is taken from a patient’s face. Most of the frontal workup is done in examining the patient clinically. This enables us to look at the orbital rim, cheekbone, sub-papigeal, alar bases, nasal bases and canthus of the eyes.

All of this allows us to assess if we have transverse asymmetries, where the occlusal plane is cantled instead of level. This is most true with the mandibular plane, which we may also find is cantled. This is especially true in cases where there’s a degenerative process happening in one joint.

Head position, profile and frontal analysis

The natural head position is different for each individual patient. This will make the distance recorded from Glabella to the true vertical line different.

To measure how far Glabella is from SN (true vertical line), we first need to establish the patient's natural head position (Fig. 6). To do so, we have the patient stand in front of a mirror. First, the patient is asked to close his eyes and hold his head up and down three times.

After this is complete, the patient is asked to open his eyes and look himself directly in the eyes in the miror. After we have established the natural head position, we then use the measured eyes and hold his head up and down three times.

To measure how far Glabella is from SN (true vertical line), we first need to establish the patient's natural head position (Fig. 6). To do so, we have the patient stand in front of a mirror. First, the patient is asked to close his eyes and hold his head up and down three times.

Fig. 8. Surgical treatment objective.

Fig. 9. Completed the extrusion of the maxillary segment and balanced the occlusal plane.

This is precisely the kind of case where you should be looking for degenerative joint disease. Once all of the above enables us to establish the parameters and coordinates we need to analyze the face and occlusion and then apply the correct treatment so the patient will have a functioning stable occlusion with the necessary facial improvements.

Soft-tissue analysis

The treatment objectives are based on the soft tissue. You perform the surgical treatment objective in this order.

1) Establish the position of the upper lip to the true vertical line in a vertical and horizontal manner.

2) Determine what you need to do with the anterior teeth to create the correct upper lip position.

3) Once you established the anterior part of the maxilla, then proceed to the posterior part of the maxilla and determine if you need to do an intrusion or extrusion of the posterior segments to level the occlusal plane.

In most cases where there’s a retrusive chin and a skeletal open bite, the patient has an occlusal plane, measured from the true vertical line that is some- where between 102 and 106 degrees. By leveling the occlusal plane, based on the anterior tooth position, you can set the mandible to the maxilla. This will usually balance the lower third of the face. If you still find the chin is too far forward or too far back, you may need to do genioplasty.

In the example case (Fig. 8), we have performed a surgical treatment objective, established the true vertical line and we have our axis-horizontal plane. In this patient, we need to move the anterior teeth up because in the frontal analysis the patient showed too much tooth structure and too much gingival tissue. To fix this, we balance the maxillary anterior teeth based on the upper lip position.

Once we’ve established the correct tooth position in the anterior, we’re able to set up our occlusal plane at 95 degrees, showing us what we need to do with the posterior segment. In the example case, we need to extrude the posterior segment.

Figure 9 shows how we’ve completed the extrusion of the maxillary segment, and we’ve balanced the occlusal plane. The next objective is to place the mandible with the correct overbite. This is not 2 mm but 4 mm. This is because you want to have an adequate overbite to create adequate inclination. In establishing the mandible, you can see in our example how the lower part of the face is placed normally enough with the true vertical line (Fig. 10).

In establishing the surgical treatment objective, we see that we want to place the anterior section in the superior direction and the posterior in the inferior direction. These are all the measurements we need to establish a surgical setup. Hopefully, this is performed preoperatively so the patient has a good idea of what needs to be done.

Pre-surgical and surgical setups

The pre-surgical and surgical setups are techniques that do require the clinician’s time. It’s...
The importance of cementation: A veneers case using a new universal cement

By Kerrell

Esthetic options in dentistry are the prevailing choice of most patients today. Veneers and bleaching in particular have become buzzwords in popular culture, and TV sitcoms, film and magazine advertising have turned these cosmetic techniques into household names. As a result, dental teams must accommodate the demands of their patients, becoming highly versed in placing metal-free restorations.

Practitioners can find a multitude of educational articles and courses teaching the science and technology of porcelain, zirconia and composite. But while emphasis is frequently placed on the final prosthesis or direct restoration, often overlooked are the increasingly important auxiliary materials that contribute equally to the clinical success of these new materials and restorations: impression and provisional materials, bonding agents and cements. Education is imperative because cementation and bonding are two areas of esthetic dentistry that have evolved through generations of products and techniques. These processes are essential in making esthetic restorations both functional and comfortable. That's why veneering can be an optimal, conservative alternative to crowning teeth, since preservation of tooth structure is important to dentists and patients alike. The highly esthetic results are due to the fact that ceramics have a translucent finished surface texture similar to that of natural enamel. Kerrell and colleagues demonstrated that, when designed correctly, they can change the appearance of teeth. The esthetic benefits of porcelains are the result of their translucency, opacity and ability to simulate the natural tissue. The translucency of porcelain allows it to simulate the natural tissue and adds to the overall esthetic appearance. The opacity of porcelain helps to mask imperfections and unevenness in the porcelain, which can help to create a more natural-looking restoration.

This article outlines a veneers case using NX3® (Kerr) — a new, universal cement from Kerr. The subject is a 57-year-old female patient who presented with a complaint of being unhappy with her smile. She had a history of periodontal disease and was treated with periodontal therapy. Her chief complaint was of a discolored, worn, and chipped maxillary anterior teeth.

Clinical Case

A female patient in her mid-fifties presented a chief complaint of being unhappy with her smile. An examination of her hard tissues revealed some concerns of multiple fractures, hypocalcification, and shortened anterior teeth due to wear and an asymmetrical smile line (Figures 1 and 2). After proposing a first phase treatment plan to restore all of her compromised upper anterior teeth, the patient consented to restoring only teeth numbers 6-11. The patient ultimately qualified for and accepted veneers as the mode of indirect restorative treatment.

Prior to preparation, the tissue around tooth No. 8 was recontoured. Then, the teeth were prepared for pressed ceramic veneers and provisionalized in the standard manner. Occlusal analyses and adjustments were performed over a period of weeks and the veneers were tried in. After the requisite steps were completed preceeding insertion and the veneers were finalized, the provisional were removed and the teeth were cleaned (Figure 3).

After etching and bonding, the veneers were cemented using NX3 light-cure cement in the clear shade (Figure 9). The cement was dispensed directly onto the tooth surface and cured for 10 seconds using the L.E. Demetron II curing light (Figures 7 and 8).

Figure 1: Pre-op

Figure 2: Interior upper pre-op

Figure 3: Temps off tooth #232DC4

Figure 4: Esapayspreen + #232DB6

Figure 5: Kerr etch

Figure 6: Optibond Solo Plus

Figure 7: Curing Solo Plus

Figure 8: Cured bonding agent

Figure 9: Veneers w NX3 #232DB6

Figure 10: Cleaned cement #232DC7

Figure 11: Cleaned cement #232DC7

Figure 12: Final shot da #232DC8

Figure 13: Postop

Manufacturer instructions allow for 10-second cures with the L.E. Demetron II. In this case, however, the doctor's discretionary use was 20-second cure times.) Occlusion was adjusted using a fine diamond bar and the lingual aspects of the teeth were finished and polished using CeraGlaze® Porcelain Polishing System (Axis Dental), rendering a very satisfied patient (Figures 12 and 15).

Conclusion

Cementation is an important aspect of functional aesthetics. An understanding of chemistry, technology and physical properties are essential for proper usage and clinical success. Cement selection was the driving factor in choosing the bonding system for this case. NX3® (Kerr) cement is free of amines—organic compounds containing nitrogen as their key atoms—which were largely blamed for the colour shifts so prevalent with earlier cement formulations. In earlier use of the product, the cement proved to be “thixotropic,” the consistency of non-drip paint, the restorations were seated and adjusted before curing with no dripping or excess. Currently, ease-of-use and cleanup, color match and optimum retention are some of the attributes necessary when choosing a cement—NX3 met all of these expectations.

References


About the Author

Dr. Mitch Coudill, a 1985 graduate of Baylor College of Dentistry in Dallas, TX, extensively specializes in restorative dentistry and has published numerous articles reviewing all aspects of restorative and cosmetic dentistry.

For more information, kindly visit the first dedicated Middle East website for Kerr Corporation www.kerrdental.ae.
Conservative approach to multidisciplinary aesthetic dental treatment

By Kostis Giannakopoulos, Greece

The aesthetic performance of dental restorations has always been a factor of utmost importance in the success or failure of the treatment. Lately, as aesthetic awareness of the population increases and the evolution of dental materials have made new techniques possible, optimal aesthetics can be achieved following less invasive restorative procedures. In many cases, multidisciplinary treatment is necessary so that the best possible outcome is achieved with a minimum degree of compromise between invasiveness and aesthetics. Every complex case should be treated planned by a team of specialists so that every detail and limitation from each point of view is taken into account. The restorative dentist usually designs the smile and oversees each phase of the treatment by all other specialists.

Congenitally missing lateral incisors are a common dental problem that can be esthetically dealt in three different ways: 1. canine substitution, 2. tooth supported restoration, and 3. implant supported restoration.

Tooth auto transplantation (usually premolar) and removable partial dentures are other, less commonly applied treatment options. In the case of only one lateral incisor missing, an additional problem of symmetry between the right and left side usually exists and needs to be addressed.

Peg shaped lateral incisors pose another aesthetic problem that is usually restored with as follows:

1. all ceramic crowns, 2. porcelain veneers, and 3. direct or indirect composite veneers. Additional to the inadequate width and length of the peg shaped lateral, many times there is also a gingival aesthetic problem that can lead to a square looking restoration and too much gingival tissue display if not properly treated first with either orthodontic intrusion or gingivoplasty/gingivectomy before the restoration is fabricated.

In this article, a case is reported of a young patient with one congenitally missing and one peg shaped lateral incisor. The patient was treated with a combination of orthodontic, periodontal surgery and aesthetic – restorative dentistry interventions.

Case report
A 22 year old Caucasian female presented to the clinic asking for aesthetic improvement of her smile. The patient was single and a student of law school. The medical history was unremarkable with no pathologies and no known allergic reactions reported to any kind of medication. No medications were taken on a systematic basis by the patient. The dental history was also unremarkable with only preventive and minor operative dentistry interventions and prophylaxis in the past. The patient mentioned a history of congenitally missing teeth in her family.

The chief complaint of the patient was spaces between the teeth and specifically the missing upper left lateral incisor tooth, the irregularly shaped upper right lateral incisor, and the diastema between teeth #11 and 21. Also, she was concerned about asymmetries in her smile and misalignment of her teeth. Finally, the patient stated she would like to have a brighter smile (Figures 1-3).

The dental examination revealed no pathological findings or signs of dental disease. The DMFT was low and the comprehensive periodontal examination was within normal limits; soft tissue examination resulted in no pathological findings; radiographic bitewing examination revealed no pathological findings as well.

The aesthetic evaluation of her smile resulted in the following issues that would need to be addressed in the treatment plan: 1. peg shaped lateral incisor #12, 2. congenitally missing lateral incisor #22 with diastema between #11 and 21, 3. dental midline transmitted to the right by 4mm, asymmetry between the left and right side, especially in the space between #11-13 and #21-23, 4. gummy smile, especially on the area of #12 and the missing tooth #22, and 6. the gingival zenith was asymmetrical between #11 and 21 (Figures 4-6, Table 1). The occlusion was Class I. The base shade of the teeth was A3 on the upper central incisors and A3.5 on the upper canines with the Vita Classic shade guide (Vita Zahnfabrik, Bad Sackingen, Germany).

Photographs and alginate impressions were taken in the exam appointment to fabricate study models. Then the team of aesthetic/restorative dentist, orthodontist and periodontist treatment planned the case. The recommended treatment plan was accepted by the patient in favor of the alternative treatment plans.

Orthodontic phase
The orthodontic treatment goals were as follows: 1. intrude #11 to align the incisal edges of the centrals, 2. equalize the spaces between #11-13 and #21-23, 3. transfer the dental midline to the left, and 4. correct misalignments and minor rotations in different areas. Some composite resin was bonded on the facial surface of tooth #12 to facilitate bracket placement. The composite was white in shade to

Table 1: Teeth and spaces between them were measured. The proportions of the teeth (length to width ratio) and the arrangement of the spaces are crucial information in treatment planning, especially in patients with a high lip line.

<table>
<thead>
<tr>
<th>Tooth (t)</th>
<th>Length (mm)</th>
<th>Width (mm)</th>
<th>Spaces</th>
</tr>
</thead>
<tbody>
<tr>
<td>#11</td>
<td>8.1</td>
<td>8.5</td>
<td>15 - 11</td>
</tr>
<tr>
<td>#12</td>
<td>6.0</td>
<td>8.3</td>
<td>11 - 11</td>
</tr>
<tr>
<td>#21</td>
<td>8.5</td>
<td>8.5</td>
<td>21 - 21</td>
</tr>
</tbody>
</table>

Notes
- Peg Shaped
- Overeruption
- Dental midline
- 5.5mm incisally
- 4mm right
- 6mm left

Figure 1 - 3: The unaesthetic smile of the patient before treatment.

Figure 4 - 6: Retracted view of the teeth before treatment. Note the peg shaped #12, the missing #22 and the asymmetry of the spaces between teeth #11-13 and 21-23.

Figure 7 - 9: Photographs of the patient during the orthodontic phase of the treatment.
A multi-disciplinary approach to minimally invasive functional aesthetic dentistry

By Dr. Tif Qureshi, UK

Simple tooth alignment is rapidly becoming accepted as the norm in cases that previously would have been treated with porcelain veneers. However, patients often present with a mix of problems such as previous metal ceramic work, the treatment of which should be integrated as part of the treatment plan. Timing becomes a vital part of the treatment when mixing restorative care, alignment, tooth whitening and occlusal planning. The following case illustrates an effective approach to treatment.

Case report

A patient presented complaining that “his two front teeth [old upper anterior crowns] felt as if they were too large and were always hitting the lower teeth”. In addition, his bite never felt “right” (Figure 1). He also wanted to try to improve the appearance of his teeth. He was aware of what could be done with porcelain veneers, but wanted to try to make the best of his own teeth.

Examination

On inspection, it was clear there were several issues:

1. Occlusion - The irregular alignment of the lowers and the thickness of the upper old crowns were adding to the problem of unbalanced anterior contacts. The back of the crowns, especially the upper left central, were hitting the front of his lower teeth, in particular the lower left central.

2. Thickness/aesthetics of crowns - The occlusion meant that the upper crowns had been placed quite labially and because they were metal ceramic, made them feel particularly thick. They also appeared rather opaque. A combination of techniques and good timing can make sure the patient understood how simply and quickly the alignment could be done, seemed a completely ridiculous and unethical solution.

3. Lower crowding - The patient was also keen to improve the aesthetics of the lower teeth as the incisors had an irregular outline. The incisal edges appeared to be of different heights. This was down to the varying anterior-posterior position.

4. Colour - The old crowns had been made at A3/A3.5 and the natural teeth had darkened a little with age.

Treatment plan

A combination of techniques and for a lower Inman Aligner. A prescription of the tooth whitening and added difficulty in having the crowns as temporary through treatment. The patient’s posterior occlusion was also good. Full anterior veneers were discussed, but after the patient understood how simply and quickly the alignment could be done, seemed a completely ridiculous and unethical solution.

Alternative options

Alternative options were discussed. Fixed braces were discounted because of the cost, the difficulty in simultaneous whitening and added difficulty in having the crowns as temporary through treatment. The patient understood how simply and quickly the alignment could be done, seemed a completely ridiculous and unethical solution.

Treatment

On the initial appointment the two old crowns were removed (Figure 2). The preps were merely cleaned and treated as conservatively as possible. Temporary crowns, which could be adjusted, were placed (Figure 5). Upper and lower impressions were taken for upper clear aligners and for a lower Inman Aligner. A prescription of the tooth movement using Spacewize software was given to the technician so they were aware of exactly where we wanted the teeth to be moved. Spacewize also calculates a figure for the amount of crowding present giving us an idea of the total amount of space that would need correcting and whether the case is suitable for Inman Aligners or not.

Two weeks later, the patient returned. The Inman Aligner and clear aligner were fitted on the lower and upper teeth respectively. Minimal interproximal reduction (IPR) was started. Despite calculating the amount of crowding present, the IPR is never carried out in one go. Only IPR strips or discs are used. This gives the opportunity to ensure the stripping is far more anatomically respectable than using burs or heavy discs. This massively reduces the risks of excess space formation, gouging or poor contact anatomy. No more than 0.15 mm per contact on the anterior teeth was adjusted on this single visit. The contacts are smoothed and fluoride gel is applied each time.
The patient was then sent home. The Inman Aligner was worn for 6-20 hours per day with the patient removing it for eating and rest. 20 hours a day is the maximum needed wear and this intermittent wear reduces the risk of root resorption. On return 2 weeks later, it was clear that the contacts had closed tight and the teeth had moved a little.

More IPS was carried out on both the uppers and lowers. The occlusal contacts of the upper temporary crowns were adjusted to allow clearance for the lower teeth to move and the lower left lateral to advance particularly and the patient was then sent away for 2 weeks. The temporaries were also facially contoured to ensure they were flush with the natural teeth. On the subsequent return visit, it was clear that the teeth were aligning rapidly and especially well (Figures 4 and 5). We then decided to start some simultaneous tooth whitening. Impressions were taken, even though the result was still 25% from completion. Sealed, rubber trays were made and careful instructions given to the patient. While the patient is concentrating on using the Inman Aligner, they are always highly receptive to using bleaching trays. It adds greatly to motivation and often means they achieve a far better result. DayWhite from OptiBond FL (Kerr). The occlusion against the aligned lower teeth was checked. The patient was extremely happy with the end result and felt his teeth looked natural (Figures 6-12).

Discussion

The case is another example of why a progressive form of smile design can be so essential in any case where a patient is looking to improve their smile. At every point, the patient sees their smile improving, first with full crowns, then with partial crowns, then with full crowns, then at least the teeth are straight and light, so less invasive and more translucent veneers can be used. More often than not, patients prefer a more natural result where we make “their own teeth look as good as they can”. In a case like this with previous metal ceramics, one can see how integrating alignment, and whitening can enhance aesthetics and simplify restoration dramatically. This makes a stable and aesthetically pleasing outcome far easier to achieve (Figures 15-17).

Conclusion

In each of our practices, there must literally be hundreds of patients who have issues similar to this gentleman’s complaint. Previously, conventional solutions often placed a barrier to treatment, adding time and cost into what was already an expensive treatment. Most patients just could not be bothered and would walk away. Now, simple anterior alignment can be so much quicker and more cost effective. I’m amazed at the sheer volume of patients who will have treatment like this done if they are suitable. Being able to combine whitening because the aligners are removable is just another bonus so we can capitalize on the patient’s current compliance and gain an even better result. Of course, case selection is absolutely vital! Understand what is treatable and what should be referred to a specialist orthodontist is essential. This means that patients must be fully consented and understand the risks and disadvantages of not treating any posterior issues if just concentrating on anterior alignment.

Disclosure Dr Qureshi runs courses with Dr James Russell and Dr Tim Bradstock-Smith and lectures on the

References

10. Inactivated periods of con- stant orthodontic movement forces related to desirable tooth movement in rats. Kamesyama et al. Tokyo Medical and dental university, Tokyo, Japan. For information contact the author at Kane.okamoto@um.tokyo.jp

Acknowledgements

The author thanks Inman Aligner Consulting Engineers, Pearl Healthcare, Hampshire, Victoria; Donal Inman CDT and the In- man Orthodontic Laboratory; Nimrodental Inman Aligner Lab, London; Tony Knight at Knight Dental Design; and Middle East Dental Laboratory, Dubai.

Inman Aligner worldwide.

Contact Information

Dr. Tif Qureshi is Immediate Past President of the British Academy of Cosmetic Dentistry. He has a special interest in minimally inva- sive cosmetic dentistry and presents hands-on courses and lectures on the Inman Aligner worldwide.

Dr. Tif Qureshi teaches Inman Aligner Training. Inman Aligner courses can be booked at:
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make it easier to distinguish and completely remove it after the orthodontics were completed. After treatment, the goals set were to completely remove it after the periodontal surgery and to make it easier to distinguish and treat restoratively. The goals of the periodontal surgery were: 1. align the gingival zeniths of teeth #11 and 21, 2. gingivectomy with osseous reduction on #12 to reduce as much as possible the gingival display without compromising the long term prognosis of the tooth due to loss of periodontal support, 3. gingivectomy in mostly all the upper teeth to bring the gingival display to a more pleasing appearance. After surgery, a healing period of 8 weeks was recommended by the periodontist before the restorative procedures start (Figures 10, 11). The option of a single implant placement for the missing lateral incisor #22 was rejected before surgery, as an additional bone grafting procedure would be required and this was not accepted by the patient (Figure 12).

Aesthetic/Restorative phase
Six weeks after the periodontal surgery, in office whitening was performed so the patient’s desire for brighter teeth is met (Phillips Zoom, Phillips Oral Healthcare, Stanford, USA). The shade of the teeth 10 days after the whitening was completed was A1 for the upper centrals and A2 for the canines (Figure 13).

After proper healing of the periodontal tissues was confirmed with the periodontist, tooth #22 was prepared for an all ceramic lithium disilicate crown and the wings were fabricated. Spot etching in the middle of the porcelain was done (Astringent Retraction Paste, 3M ESPE, Seefeld, Germany). A temporary for #22 was rejected before surgery, as an additional bone grafting procedure would be required and this was not accepted by the patient (Figure 12).

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The Author would like to thank the Orthodontist, Dr. Evita Katsarou and the Periodontist, Dr. Alexis Bakopoulos for their contribution to the treatment of this case.

References
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worksshops and self-instruction programmes). For the past ten years, CAPP has facilitated over 550 continuing education programmes with over 52,000 international participants. With the opening of CAPP Asia in 2012, CAPP’s reach has expanded to the Asia Pacific region and beyond.

In 2012, CAPP joined the global family of 96 publishers by becoming the proud owner of the Dental Tribune Middle East & Africa edition, and has since been delivering six print editions annually to over 20,000 dental professionals in the Middle East and Africa region and has delivered 24 newsletters to more than 41,000 active subscribers. Through its international website, the latest industry news reaches the largest dental community worldwide—an audience of over 650,000 dentists.

CAPP started out in Dubai ten years ago as a centre for professional training. It quickly grew and developed two very important international conferences: the CAD/CAM and Digital Dentistry International Conference and the Dental-Facial Cosmetic International Conference.

Next year, the tenth CAD/CAM and Digital Dentistry International Conference will be celebrated together with the CAPP anniversary. The last decade has been a journey with challenges in keeping pace with the incredibly fast growth of the industry combined with new technologies, particularly in digital dentistry.

Ten years ago, it would have been difficult to imagine the kind of opportunities presently available to change dentistry and improve overall patient care, including diagnostics, planning and treatment, in terms of precision, treatment and healing time, and aesthetics.

What has been accomplished in the past ten years has been significant and CAPP would like to thank all of its business partners, sponsors and supporters for together making CAPP the success it is today. CAPP would especially like to acknowledge all who have worked at and continue to be with the CAPP office and share the challenges and passion. Thanks also go to all of the dentists, dental technicians, dental hygienists and dental assistants who have followed us in the decade of rapid development of the dental industry and dental technology.

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Thanks also go to all of the dentists, dental technicians, dental hygienists and dental assistants who have followed us in the decade of rapid development of the dental industry and dental technology.
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By Qualident

Investing in technology is a costly and time-consuming process. With new developments and advancements nearly every week, as a business it can be hard to keep you and you don’t want to shell out hundreds of pounds every time something new is produced – if only there was a way to keep up with marketing.

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This year’s conference will cover several subjects related to Aesthetic Dentistry enlightening all delegates with experiences from over 25 International Key Opinion Leaders who have gathered in Dubai. Participants will also have the unique chance to see the latest equipment which will be showcased at the product display made available by the top of the dental industry. We sincerely hope that this meeting will let our audience the most recent updates of technology in the dental field with few “surprises” as well.

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On behalf of Emirates Dental Society, I would like to wish you all the very best.

Dr. Aisha Sultan
President Emirates Dental Society
President of the Conference

Dear Colleagues of the Dental Team,

It is my honor and pleasure to welcome you all to our 6th Dental - Facial Cosmetic International Conference.

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I am sure that this conference will be of the greatest help to develop our knowledge and sharpen our skills in pursuing the goal that we all share, to provide our patients with the best possible solutions for their esthetic needs.

We will continue this unsurpassed cooperation to bring to our audience the most recent updates of technology in the dental field with few “surprises” as well.

See you all in the dynamic Emirate of Dubai.
DAY ONE

08:00 – 09:00  Breakfast with the Sponsors / Registration

09:00 – 09:45  Dr. Gennaro Paulino, Italy
Adhesive esthetic solutions in anterior and posterior teeth

09:45 – 10:15  Prof. Swawai Samii, Germany
Minor & Major Augmentation in Oral and Maxillofacial Surgery and Implantology: new perspectives with Nonanoxyporphyrine cement

10:30 – 10:45  Meet the Sponsors / Coffee Break

10:45 – 11:30  Dr. Anton Lebedevka, Russia
Zirconia vs. glass-ceramics – pros and cons

11:30 – 12:15  Dr. Julian Caplan, UK
In-surgery CAD/CAM Dentistry – Fast and Fission

12:15 – 13:40  Lunch / Prayer Time

13:40 – 14:15  Dr. Costas Nikopoulos, Greece
Simple fast & high quality implant dentistry

14:15 – 15:00  Dr. David Claridge, UK
An introduction to digital impressioning and the Digital Workflow

15:00 – 15:45  Dr. Richard John Simonson, USA
Photography – Clinical for Dentistry, and Nature for Hobby

15:45 – 16:00  Discussions

16:00 – 16:45  Prof. Carina Mehanna Zogheib, Lebanon
Teeth whitening from A-Z

16:45 – 17:30  Prof. Khalid Balb, KSA
The Effect of manufacturing features of rotary NiTi files on their performance: A clinical approach for analysis

17:30 – 18:15  Dr. Gary Severance, USA
Chairside Restorative Dentistry – Control Your Future

18:15 – 19:30  Discussions

18:30 – 19:00  Poster Presentation

Meet the Sponsors / Coffee Break

DAY TWO

08:00 – 09:00  Breakfast with the Sponsors / Registration

09:00 – 09:45  Dr. James Russell, UK
Accessing Aesthetic Dentistry

09:45 – 10:15  Dr. Michael Agra, USA
Advances in interdisciplinary Aesthetic Surgery and Implantology

10:30 – 11:15  Dr. Julian Caplan, UK
The Aesthetics of In-surgery CAD/CAM Dentistry

11:15 – 11:30  Meet the Sponsors / Coffee Break

11:30 – 12:15  Dr. Anton Lebedevka, Russia
Ask Dr. B. Behind the Scenes

12:15 – 13:00  Dr. Marcus Engelsholm, Germany
Double Sani Scan vs. Single Scan – Two different workflows for essential improvement in fixed prosthetic reconstruction in implantology

13:00 – 14:15  Lunch / Meet the Sponsors

14:15 – 15:00  Dr. Marcus Engelsholm, Germany
The virtual scan in preclinical & prosthodontic – new workflows for more predictability

15:00 – 15:45  Dr. Petros Yuvanoglu, Greece
The Science & Art of Restoring Immediately Loaded Implants

15:45 – 16:30  Dr. Bjorn Tilt, Germany
Innovative Solutions & Surgery in Aesthetic Dentistry

16:30 – 17:15  Dr. Gary Severance, USA
The Landscape of Digital Dentistry

18:00 – 18:15  Discussions

HANDS ON COURSES

VENERS vs CROWNS: THE CHALLENGE IN SMILE DESIGN
Dr. Eduardo Madsen, Chile
12 November 2014 (09:00 – 17:30)
JBH, Dubai, UAE

ESTHETIC IN SAME-DAY DENTISTRY (DENTISTS)
Ahlem Farah, CDST, UAE
11 November 2014 (09:00 – 17:30)
JBH, Dubai, UAE

LASTER IN MODERN DENTAL PRACTICE
Dr. Munir Silwadi, UAE
13 November 2014 (09:00 – 17:30)
JBH, Dubai, UAE

DIRECT VENERS: THE SHADES DILEMMA
Dr. Eduardo Madsen, Chile
13 November 2014 (09:00 – 17:30)
JBH, Dubai, UAE

INDIRECT VENERS
Dr. Munir Silwadi, UAE
11 November 2014 (09:00 – 17:30)
3M Innovation Centre Dubai Internet City, UAE

PERIODONTAL INSTRUMENTATION
Prof. Mary Rose P. Boglione, Italy
14 – 15 November 2014 (13:00 – 16:30)
JBH, Dubai, UAE

FACE AND SMILE ANALYSIS
Dr. Eduardo Madsen, Chile
11 November 2014 (15:30 – 19:30)
JBH, Dubai, UAE

ESTHETIC IN ONE-LAYER METAL CERAMIC & COMPOSITE GIRUGA (DENTAL TECHNOLOGY)
Ahlem Farah, CDST, UAE
15 – 16 November 2014 (09:00 – 17:30)
JBH, Dubai, UAE

INDIRECT VENERS
Dr. Munir Silwadi, UAE
16 November 2014 (09:00 – 17:30)
3M Innovation Centre Dubai Internet City, UAE

VENERS vs CROWNS: THE CHALLENGE IN SMILE DESIGN
Dr. Eduardo Madsen, Chile
16 November 2014 (09:00 – 17:30)
JBH, Dubai, UAE

LASTER IN ESTHETIC DENTISTRY
Dr. Munir Silwadi, UAE
16 November 2014 (09:00 – 17:30)
JBH, Dubai, UAE

DENTAL HYGIENIST DAY
Jumeirah Beach Hotel, Dubai, UAE
15 November 2014

PART OF 4TH DENTAL FACIAL COSMETIC INTERNATIONAL CONFERENCE
14 – 15 November 2014

09:00 – 09:45  Lecture
Dr. Carine Tabanani, UAE
Lecture
Oral Health Management: Between Myth and Reality

09:45 – 10:30  Lecture
Prof. Mary Rose P. Boglione, Italy
Management of The Orthodontic Patient

10:30 – 11:15  Lecture
Victoria Wilson, Dental Hygiene Therapist, UK
Communication & Implant Maintenance

11:15 – 11:45  Lecture
Prof. Mary Rose P. Boglione, Italy
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Baseline values [Mean SD]: Control (fluoride-containing toothpaste) group 24.75 (6.34); parodontax® group 25.40 (6.80). After 4 weeks: Control (fluoride-containing toothpaste) group 26.00 (9.14); parodontax® group 19.80 (7.38). *parodontax® vs control p<0.05.
CBCT and CAD/CAM allow for one-day restoration of Tooth #9

By Robert Pauley, USA

Case Overview
Our office received a frantic phone call from the mother of one of our twelve-year-old patients, who stated that her daughter fell while in PE class and broke a front tooth. We advised her to bring her daughter to the office as soon as possible. Immediately after her arrival a periapical radiograph of tooth #9 and extraoral photographs were obtained (Fig. 1). Upon clinical examination and review of the digital radiograph, I saw tooth #9 was horizontally fractured at the middle third. There was no pulp exposure evident, but the tooth did have a pinkish tint on the lingual. No mobility was noted and no periapical changes or root fractures were obvious at this time. The new American Association of Endodontists guidelines recommend taking one occlusal and two periapical radiographs with different lateral angulations for all dental injuries, including crown fractures. If cone beam-computed tomography is available, it should be considered to reveal the extension and direction of the fracture.1

Dr. Edward Mills in his presentation on Site Development and Implant Protocol Based on Etiology of Tooth Loss refers to a similar traumatic injury in which CT images revealed not only a root fracture within the bone but a fracture of the lingual plate.2

A limited field 3D scan 5cm x 5cm at 500 voxels was taken with the CS 8100 3D to rule out buccal or palatal plate fractures (Fig. 2). None were evident on the scan. While her parents were upset that she had been injured, the ability to view a 3D image reassured them that the damage appeared to be limited to the tooth’s coronal structure.

Treatment Plan
The patient’s treatment options were: 1) do nothing; 2) restore with a composite restoration, realizing that this would have a questionable long-term prognosis due to size of fracture; 3) restore with a CAD/CAM milled crown. The patient and her parents were advised that cases where teeth have been injured traumatically such as in this case, one might experience a post traumatic irreversible pulpitis at a period of time beyond the initial trauma. In some cases, this condition may be treated by endodontic treatment and crown restorations but in other cases root resorption may take place precipitating the loss of the teeth. These teeth will be monitored every 6 months over several years with periapical radiographs. Every appropriate effort to maintain the tooth in place and avoid the need of an implant until the patient reaches maturity. Dental implants in adolescent patients may affect vertical growth and development of the alveolar ridge because the osseointegrated implant acts as an ankylosed tooth. At a focus conference on Advanced Dental Implant Studies, Dr. Mills summarized that jaw growth in a young adolescent patient may compromise the outcome of the oral rehabilitation using an implant supported prosthesis even if implants successfully integrated. After presentation of the treatment plan and discussion of risks, benefits, options, and alternatives; the parents and patient elected to restore tooth #9 with a CAD/CAM crown.

The parents understand this crown will likely need to be replaced once she reaches adulthood for the best cosmetic appearance, as her teeth and face will change with further growth and development.

Tooth #9 was anesthetized and prepared for a ceramic crown. I utilized the CS 5000 intraoral scanner to scan the prepared maxillary anterior quadrant and the opposing mandibular anterior quadrant as well as obtain a bite registration (Figs 3, 4). CS Restore software was then utilized to design the anterior crown (Figs. 5-7). The CS 5000 milled the crown from an...
Porcelain laminate veneers – avoiding complications

By DCDM

Dental Veneering is the process of covering the facial surfaces of teeth by using various types of dental materials. Most commonly used are porcelain veneers which are thin shells of porcelain that are shaped like the outer layer of the teeth and are used to cover the teeth, aiming to enhance their appearance.

Many celebrities opt for this esthetic treatment to achieve what may seem like a picture-perfect smile. This may lead people to a false expectation that everyone is a good candidate for veneers. However, from a dentist’s perspective preparing and planning for veneers is very challenging, and if improper techniques are taken, various complications may occur. These include gingival inflammation, chipping and breaking or even complete debonding of the veneers.

To decide whether a patient is a good candidate for veneers many factors should first be assessed; the condition of the patient’s teeth, habits, periodontal condition and most importantly the patient’s expectations and willingness to maintain their veneers after they are placed.

We should start by analysis of the teeth. This involves assessing their shape and proportion; diastemas, and analysis of the occlusion. Regarding shape and dimension, there should be sufficient tooth structure to retain the veneer, otherwise the longevity can be severely affected. In teeth with small surface areas such as lower incisors, or teeth with multiple cavities and fillings which decrease the available surface for bonding, there is an increased chance of the early displacement of the veneer. In such cases full crowns may offer a better long term option (H.Serdar Cotert et al, 2009).

In terms of diastemas, if these are too large veneers can only partly reduce the space, otherwise gingival inflammation and/or recession can occur due to the bulkiness of the veneer (Weissgold and Cohen, 1981) Additionally, a tooth which is unnaturally wide for its height looks unesthetic. Orthodontics may be more appropriate than placing veneers. When assessing a diastema the clinician must establish if it is stable or increasing since the latter may indicate periodontal bone loss or a harmful habit.

Finally in tooth analysis the occlusion must be considered. For veneers to have a longer survival rate they should not have excessive biting forces on their edges as is common in patients with an edge-to-edge occlusion which can lead to chipping and breaking of the veneers. Care must also be taken in patients with missing posterior teeth, as this increases the loading on the anterior teeth. Patients’ habits and their general health such as nighttime grinding or heavily clenching, often related to stress, or even biting or chewing on fingernails or objects like pens, create high horizontal forces impacting on survival of the veneers at a rate 8 times higher than patients who don’t have such habits. Such forces can readily lead to fracture, chipping or total debonding of the veneer. We should also consider the patient’s high consumption of dark or acidic foods as well as smoking habits which can lead to dark stains around the margins of the veneers (Fig 1). Since patients with dark stained teeth will often consider veneers as a solution, habits should be identified changed after veneer placement to maintain the aesthetics of their veneers (Beier et al, 2012).

Marginal stains can be minimised by brushing or rinsing after smoking and consumption of dark colored foods.

The patient’s oral hygiene must also be assessed, which leads us to the last key point of gingival health. Veneers should not be prepared on bleeding inflamed gingiva, which indicates poor oral hygiene. If this is done, complications which arise include placing the veneer margin too deep due to gingival enlargement, and bleeding during preparation and bonding leading to poor marginal seal and marginal staining after veneer placement. Eventually gingival recession or worsening inflammation will result. Good oral hygiene and gingival health should be achieved before veneers are started. All of these factors need to be considered during the initial assessment to avoid complications.

Additional complications can arise during the preparation of teeth. There are two common approaches to placing porcelain veneers, one is done without altering the natural teeth - bonding the porcelain veneers to unprepared teeth. This might seem a conservative choice avoiding alteration to tooth surfaces, but it inevitably creates a bulky unsupported appearance and increases the risk of the veneer de-bonding and gingival complications. Alternatively teeth are prepared for veneers by changing external contour, removing less than a millimetre of the facial surfaces and around 2 mm of the incisal edges, thus porcelain replaces the tooth structure removed, ensuring the porcelain is seated properly onto the tooth with enough bulk of porcelain at the edge to minimise chances of chipping and breaking. Studies have shown that the overall success and survival of the first method is much lower than the second method. The commonest complications with veneers are breaking and chipping (H.Serdar Cotert et al, 2009)(Layton and DPhill, 2013) (Akoglu et al, 2011).

A study analyzing the overall survival rate of porcelain veneers over a 20 year period concluded that the estimated survival rate over a 5 year period is at 95%, at 8 years is 94% at 10 years is 86% and at 20 years is 85% (Beier et al, 2012). It should be noted that these were veneers placed after adequate tooth preparation.

The clinician must consider all these factors before choosing to place veneers if complications are to be minimised and patient satisfaction achieved.

References are available from the authors.
Case report surgical correction of a class III malocclusion in an adult

By Dr. Fabien Depandieu

This case report describes a successful orthognathic treatment of a skeletal Class III malocclusion with mandibular prognathism in an adult individual. The patient with Class III malocclusion, having mandibular excess in sagittal and vertical plane was treated with orthodontics, bilateral sagittal split osteotomy. The surgical-orthodontic combination therapy has resulted in near-normal skeletal, dental and soft tissue relationship, with marked improvement in the facial esthetics in turn, has helped the patient to improve the self-confidence level. The interdisciplinary approach is the treatment of choice in most of the skeletal malocclusions (1).

Keywords: Class III malocclusion, decerepanment, Orthognathic Surgery, Bilateral sagittal split osteotomy, prognathism, surgical orthodontic treatment.

Introduction

The Skeletal Class III malocclusion is characterized by mandibular prognathism, maxillary deficiency or both. Clinically, these patients exhibit a concave facial profile, a retrusive nasomaxillary area and a prominent lower third of the face. The lower lip is often protruded relative to the upper lip. The upper arch is usually narrower than the lower, and the overjet and overbite can range from reduced to reverse.

The effect of environmental factors and oral function on the etiological factors of a Class III malocclusion is not completely understood. However, there is a definite familial and racial tendency to mandibular prognathism. For many Class III malocclusions, surgical treatment can be the best alternative. Depending on the amount of skeletal discrepancy, surgical correction may consist of mandibular setback, maxillary advancement or a combination of mandibular and maxillary procedures. After surgical correction of the skeletal discrepancy, the occlusion is usually finished orthodontically to a Class I relationship. However, if surgery treatment is not performed, and the final molar relationship is Class III or Class I, there are challenges specific to the static and functional Class III occlusion that must be considered. Sometimes a Class III relationship is caused by a forward shift of the mandible to avoid incisal interferences. This is a pseudo-Class III malocclusion. In these cases, it is important to establish the inter-occlusal relationship with the teeth in the retruded contact position.

In this paper, the surgical orthodontic treatment of a young adult patient with a Class III malocclusion is illustrated.

Diagnostic and Etiology

The patient was a 28-year-old man who had a Class III facial type and slight crowding with a complete Class III relationship. His chief complaint was an esthetic facial and un-even bite. His medical history showed no contraindications for orthodontic therapy and orthognathic treatment. No one in his direct family had a skeletal Class III features.

The pretreatment extra-oral photographs showed symmetric facial structures (Fig 1). The patient had a concave profile, a decreased nasolabial angle and a protrusive lower lip.

The intra-oral photographs (Fig 2) showed a Class III occlusion on each side with an anterior crossbite and without apparent crowding. Overjet was -2.0 mm, and overbite was -3.5 mm. His maxillary anterior teeth were proclined, with inadequate display when smiling.

The mandibular dental midline was deviated 2.5 mm to the right, although the maxillary dental midline was coincident with the facial midline.

There were no signs or symptoms of temporomandibular joint dysfunction. Mandibular movements, such as maximal opening and lateral and anterior displacement were within normal limits. No deviation and pain were discovered during the border movement of the mandible.

A cephalogram and a panoramic radiograph were taken before treatment. The cephalometric analysis and its tracing showed that the mandible protruded relative to the cranial base (SNB angle, 8\(^\circ\); ANB angle >3). The panoramic radiograph showed no other abnormal signs.

After the analysis of the photographs, the casts and radiographs, it was decided to approach his problems as a skeletal Class III malocclusion with an anterior cross bite and a lower deviated midline (2).

Treatment Objectives

The treatment objectives (3) were to obtain a harmonious facial profile by decreasing the protrusion of the mandible, improve the occlusion, including correction of the anterior crossbite, establishment of ideal overjet and overbite, achievement of a functional molar relationship; and place the dental midlines in the middle of the patient’s face.

We planned:
• To set back the mandible to correct the prognathism and the midline deviation.
• To relieve the proclined maxillary incisor position and to relieve the dental compensations.
• To relieve the dental compensations by straightening the mandibular incisors to an upright position over basal bone.

Treatment Alternatives

The first alternative was combined surgical and orthodontic treatment with extraction of 4 premolars. Through the retraction of the mandibular anterior teeth, the anterior crossbite and Class III molar relationships would be corrected and the concave facial profile would be camouflaged. Nevertheless, the mandibular incisors were not suitable for much distal movement because of the thin trabecular bone in the mandibular anterior area that could damage the periodontal tissues by gingival recession, fenestration or dehiscence.

The second alternative was combined surgical and orthodontic treatment. The anterior crossbite would be corrected with a single-jaw surgery; a mandibular setback. The concave profile would be improved.

Figure 1. Pre-treatment extra-oral

Figure 2. Pre-treatment intra-oral
as well. It was decided to extract the upper second premolars to relieve the dental compensations by repositioning the upper incisors.

The third alternative was to correct the class III malocclusion by miniscrew-assisted mandibular dentition distalization. However we decided that the skeletal problem was too excessive and required orthognathic surgery.

After we discussed the three alternatives with the patient. He chose the second option.

Treatment Progress
The preoperative orthodontic preparation began on December 2011. Before the levelling and alignment procedures (4), the maxillary second premolars were extracted to decompress the maxillary incisor inclination and to reduce the acute nasolabial angle.

Pre-adjusted 0.022-in edgewise brackets were bonded to all teeth. The preoperative orthodontic treatment was achieved in 12 months, ending with 0.018 x 0.025 stainless steel surgical archwires for the maxillary and mandibular arches.

The orthognathic surgery involved a set back of the mandible with a bilateral sagittal split osteotomy. This was performed to improve the mandibular projection and establish an Angle Class I canine position with ideal overjet and overbite. After the surgery, the patient was placed in intermaxillary fixation for 2 weeks. Two months after surgery, finishing was performed with maxillary and mandibular 0.016 x 0.022-in titanium-molybdenum alloy archwires.

The appliances were removed after 16 months of active treatment. Bonded lingual retainers were fitted to the lingual surfaces of the anterior teeth in both arches. Maxillary and mandibular essix retainers were delivered with instructions to wear them full time for two weeks and then night time.

Treatment Results
The post treatment photographs (Fig.5) showed that facial aesthetics was improved, and ideal occlusion was achieved with proper overjet and overbite. The maxillary dental midlines coincided with the facial and mandibular midlines.

The occlusion was finished to a therapeutic Class II.

Discussion
The decision for surgical orthodontic treatment for this patient was based on the fact that his primary concern was his facial profile.

Before the single-jaw surgery: a mandibular setback, preoperative orthodontic treatment, including decompression of the malocclusion, is necessary. The dental decompression performed was intended to retract the proclined maxillary incisors to a normal axial inclination. Lack of optimal dental decompression compromises the quality and quantity of an orthognathic correction. The patient’s teeth were decompressed by extracting the upper second premolars and leveling the mandibular arch. This phase was achieved in 12 months.

Conclusion
This case report describes the surgical orthodontic treatment of a young adult man with dental and skeletal class III relationships. The orthognathic treatment was the best option for an acceptable occlusion and a good aesthetic result. An experienced multidisciplinary team approach ensures a satisfactory outcome.

Presurgical orthodontics removes all the dental compensations and suggests the extent of the skeletal discrepancy. Normal skeletal base relationship is achieved by osteotomy and setback of the prognathic mandible, postsurgical orthodontics guides the normal occlusal rehabilitation by correcting any emerging dental discrepancies (2).

References

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Dental implant competitors shake things up amidst economic uncertainty

By Kristina Vidug, USA

In 2015, the global dental implant market—composed of the sale of dental implant fixtures, final abutments and other devices—was valued at over US$3.7 billion. The European market, valued at nearly one-third of the global market at close to US$1.2 billion, contracted through 2014, as uncertain economic conditions continued to reduce procedure volumes and as more low-cost competitors entered the market, driving down prices.

These factors hampered the expected economic recovery and resumption of growth projected for 2015. As a result, the dental implant market will continue its decline before stabilising in 2015. Only then will the European market slowly begin to recover. Factors such as low gross domestic product growth and high unemployment continue to render dental implant procedures—which are primarily paid out of pocket by patients—cost prohibitive, while alternatives, such as bridges and dentures, that are perceived as more affordable will represent attractive options.

Dental implants were invented in Sweden; as a result, it is not surprising that a great number of premium manufacturers are based in Continental Europe. In the past, premium manufacturers, such as Straumann and DENTSPLY Implants, were able to rely on their long-standing reputation in the market and the high quality of their products to command higher prices than did some of their competitors.

More recently, however, some of the premium competitors have employed strategies to appeal to increasingly cost-conscious consumers. For instance, Straumann has reduced the price of its titanium implants by 15 per cent in Austria, Germany and Switzerland. While the price change only came into effect in the first quarter of this year, the strategy appears to have been effective because the company reported a 6 per cent rise in first-quarter revenue compared with a 6 per cent decrease in the same period last year.

The price reduction has come at a perfect time: while economic conditions begin to slowly improve, consumers are still extremely price sensitive. These

price cuts therefore allow dental professionals to offer premium implant products to their patients at a reduced rate.

Straumann’s price reduction is not its only foray into the value market. In the first quarter of this year, the company purchased US$30 million worth of bonds from low-cost South Korean dental implant manufacturer MegaGen. The investment, which will be converted to shares in 2016, will help bolster Straumann’s revenue while allowing it to participate in both the premium and value segments, thus appealing to a wide range of practitioners and patients alike.

Straumann is not the only company shaking things up in the world of dental implants. Zimmer Dental recently announced its acquisition of rival Biomet.

While both companies are better known for their orthopaedic products, they are fairly significant competitors in the dental industry as well. Lay-offs are not uncommon when companies merge, especially when the companies in question offer the same types of products. This can have a negative impact on sales in the short term, as the newly conjoined companies’ sale force decreases, leading clients to switch to other competitors.

However, this will not be the case with the Zimmer-Biomet merger, at least not in the short term, as the sales teams from both companies are expected to be retained through the merger.

The cost of retaining both sales teams has been estimated at US$400 million. While the effect of this acquisition on the market remains to be seen, the fact that the sales force will not be decreasing bodes well for the newly merged companies, likely resulting in an increased market share in the dental implant segment.

There is discussion of merger and acquisition activity among other companies in the segment too, with Nobel Biocarereportedly in talks to sell to private equity firms and strategic buyers. While these talks are still in the very early stages, what is certain is that there has been a great deal of activity in the competitive landscape in the past several years.

This, combined with the aforementioned economic factors, is turning this once stable and mature market into a dynamic, action-filled space. With the dental implant market set to rebound in Europe and with revenues expanding in other countries—particularly in the rapidly developing BRIC and Middle Eastern markets—the global industry is poised for even further change, and the competitive landscape could look entirely different a few years from now.
SameDay Dental Implants® & Teeth A Surgical & Prostho Protocol

By Costa Nikolopoulos Oral & Maxillofacial Surgeon (S.A.) & Petros Yuvanoglu Specialist Prosthodontist (U.S.A.)

The original Branemark protocol advocated the use of a two stage surgical approach where the turned (smooth) implants were buried for several months under the mucosa. With the advent of surface enhanced and tapered implants the protocol later evolved into a one stage approach.

Several clinicians then proceeded to immediately load these one stage implants with good success provided good primary stability (more than 45Ncm) was achieved at time of implant placement and provided micro-movements could be limited to 100µm. Ample reports have been published on immediate loading of dental implants showing an initial unloaded period of 5–6 months is not necessary. From a patient’s point of view the reduction of treatment time between implant placement & installation of a functional prosthesis leads to increased patient satisfaction & treatment acceptance. This gain in time for the patients implies an economical benefit especially for professionals and/or socially active patients.

High treatment acceptance and patient satisfaction are the most important advantages of immediate loading and immediate function.

Surgical Protocol

The surgical protocol of immediate loading of dental implants with same day teeth is based on the following steps:

Avoid Bone Grafts
This is in line with Prof. P.I. Branemark’s philosophy of “Lesser Surgery to Treat More Patients” (Fig. 1).

With increased costs and patient morbidity due to bone grafting, an increased patient resistance to implant treatment has been noted. An alternative method of treating implant patients who have suboptimal bone volume without bone grafting is made possible by using:

1. Angled implants in a tilted manner placed into available bone anterior and posterior to the maxillary sinus (Fig 2).
2. Wider and appropriately shaped implants placed into immediate extraction molar sockets thereby avoiding socket or sinus grafting (Fig 5).

High Primary Stability

An important factor for immediate loading success is high primary implant stability (greater than 45Ncm) which can be achieved by using a surface enhanced tapered implant design to enhance lateral compression of bone. By underprepping, high insertion torque and primary stability can be achieved even in cases of decreased bone density such as in the case of maxillary alveolar bone and as well as in osteoporetic patients. Primary stability can easily be measured during implant placement with a torque wrench (Fig 4).

By using an insertion torque of 45Ncm or greater, the implant should be removed and without further bone preparation a 1mm wider implant is placed. This usually results in adequate primary stability of 45Ncm for immediate loading. If 45Ncm insertion torque is not achieved then the implant should be removed and without further bone preparation a 1mm wider implant is placed.

Prosthodontic Protocol

This flapless/punch technique is used. The Prosthodontic protocol of Immediate Loading Dental Implants either should be loaded the earliest possible (never exceed ten days after stability) or alternatively two months after placement. This is because the so-called initial instability (micro-movements) that an implant has, starts to drop gradually and the implants become more prone to failure if forces are applied. Fortunately, simultaneously a “secondary stability” (Osseointegration) starts to build up. The sum of the two “stabilities” which is demonstrated on the stability graph (Fig. 16), gives us the “total stability”. As a golden rule implants ideally should never be disturbed during the “stability dip” period.

Preoperative Preparation

In order to achieve this protocol preoperative screening and detailed surgical and prostho...
While the patient is waiting in the recovery room the dental technician mounts the implant prosthesis. At the end of each surgery, presurgical models, “silicone keys” of the anterior cusps and “3 dimensional inaccuracies” are introduced into the fabrication of the temporary teeth. Two months later the osseointegration is emphasized. Two months later upon maturation of the soft tissues and osseointegration, an additional X-ray is taken and if needed modifications are made to the prostheses.

Multiple Implants Reconstruction

1) Temporary Teeth

For multiple implant cases (three unit bridges to full mouth reconstructions), the temporary screw retained teeth are fabricated by the in house dental lab within five to six hours and are placed in the patient on the same day. Providing the temporary teeth are immediate attained not only a great service to the patient but is also the best “diagnostic tool” for the restorative dentist to record all the necessary information for the fabrication of the permanent teeth. If needed modifications are easily made to the acrylic teeth either directly in the mouth or in the dental lab. The patient should be evaluated for esthetics, phonetics and occlusion. Midline, plane of occlusion and buccal corridors are established. The “S” and “P” sounds are checked. The occlusal scheme is adjusted. For extensive cases the “mutually protected occlusion” (Fig. 23) is established which means that in centric occlusion, all teeth are touching but the posterior teeth have slightly heavier contacts compared to the anterior and on lateral and protrusive excursive movements the anterior teeth are touching/guiding and there are no posterior “working” or “non-working” interferences (anterior guidance). X-rays are taken in order to verify the passive fit of the prosthesis. Once all necessary modifications are made and the patient is satisfied, we need to convey all newly established parameters to the technician who will fabricate the prosthesis. This is achieved by:

- taking photos and videos to record the esthetic result, in the mouth and
- using the so-called “Clinical Remounting Procedure”, in the laboratory.

Alginate impressions and bite registration are taken from the temporary teeth, which are removed from the mouth and mounted again on the articulator. From the newly remounted temporary teeth the dental technician fabricates:

- i) a series of silicon keys which will guide him to fabricate the permanent teeth and ii) an “Anterior Custom Made Guiding Table” (Fig 22) which will allow him to reproduce the occlusal scheme of the temporary teeth to the permanent teeth.

Two months later the temporary teeth are placed again in the mouth of the patient and the permanent teeth are screwed onto the implant down to 45Ncm. A periapical X-ray is taken and if needed modifications are made to the prosthesis. The permanent teeth need to be cemented by the dental technician for the past 15 years of using passivabutments, the metal try-in procedure is not necessary, thus speeding up the fabrication of the prosthesis. The final prosthetic screw is torqued to 25Ncm.

A series of technique sensitive measurements much easier, there is no significant complications if left accidentally under the immaturities.

Fitting of the prosthesis is assessed by using the so-called “Clinical Remounting Procedure” the “one piece prosthesi”s makes adjustments much easier, there is no need cement to deal with, saving cementation that can cause significant complications if left accidentally under the immaturities.

Two months later the occlusion is verified with the help of 8μ thick silicon keys, iii) the anterior cusps, iv) the metal try-in “interchangeable implant and temporary models, v) the silicon keys, vi) the anterior cusps made guided table, iv) the photos and vi) the videos starts to fabricate immediately the permanent screw retained porcelain teeth.

The permanent teeth need to be ready in one-weeks time and should have perfect fit onto the implants. This is one of the most important prerequisites for optimal implant longevity.

The material of choice, used by our dental lab, for the past 20 years, is porcelain fused to metal. The fabrication of the metal ceramic prosthetic body is done with the help of the interchangeble implant and temporary models, ii) the silicon keys, iii) the anterior custom made guided table, iv) the photos and vi) the videos starts to fabricate immediately the permanent screw retained porcelain teeth.

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used to etch the fitting surface of each veneer for 60 seconds as recommended by the manufacturers to obtain a clean ceramic surface for durable bonding.

Empress ceramic primer Monobond-S was used as a silane-coupling agent for one minute and then air dried for 5 seconds according to the manufacturers instructions. One layer of Excite bonding agent was applied on the fitting surface of each veneer for 60 seconds then air thinned for 5 seconds Fig 10.

• Tooth structure surface treatment:
Transparent strips were used on the proximal surface of adjacent teeth to avoid etching effect. Phosphoric acid 35 % was used to etch the enamel margins of the tooth preparations for 30 seconds and 15 seconds for the dentin areas. Copious air water spray was used to remove the acid for 20 seconds. One layer of Excite bonding agent was applied on the tooth structure and air thinned for five seconds. LED light curing unit was used for curing.

Vario-link Veneer light activated resin cement was used for cementation of the two laminate veneers. Optra Sticks were used for holding the labial surface of the veneer for better handling processes during cementation. Initial polymerization was made and excess cement was removed with a sharp tip of a probe. Dental floss was used to ensure that there is no trapped cement in between the embrasures. Final polymerization was completed. Intra oral proximal strips were used for better smooth proximal margins Fig.11.

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By Dental Tribune MIA

Under the high patronage of his Excellency the President of the Parliament of Lebanon Mr. Nabih Berry, Lebanese Dental Association known by its yearly BIDM (Beirut International Dental Meeting) has organized the 24th BIDM 2014 in collaboration with the Saudi Dental Society at BIEL in Beirut on 11-15 September 2014.

Pre-congress courses and workshops took place on September 10 at “USJ” - University St. Joseph - Faculty of Dentistry which was managed by Professor Ghassan Yared and Professor Carina Mehanna, under the supervision of Prof. Nada Naaman, Dean of Faculty of Dentistry.

On the first day of the event the attendees witnessed the ribbon-cutting ceremony followed by a tour of the exhibition exploring the latest dental technologies, equipment and services displayed by numerous key industry leaders and dental manufacturers.

The BIDM 2014 not only opened the doors to open-discussions and learning for the region but allowed the participants to build their skills and use the opportunity for networking by up-to-date knowledge and sharing experiences in the application of technology throughout the event.

President of Lebanese Dental Association, Prof. Elie Maalouf discussed during the opening ceremony: “With the theme ‘Planning for the Future’ we encourage all Lebanese living in Lebanon and abroad, as well as all Arab and foreign dentists to attend this highly regarded meeting, in an effort to plan for a better future, not just scientifically, but culturally and politically.”

Prof. Maalouf further announced, “We should all denounce terrorism and extremist behavior. Attending this meeting and especially in this dire time will tell the world that we are strong together and will show them that no matter how hard they try to separate us we will always find a platform to meet. Lebanon is a small country but it has always reflected to the world a sense of modern civilization and openness to all cultures and religions. Lebanon does not tolerate extremist behavior and will not allow negative media to taint its reputation. Holding ambitious annual dental meetings with world renowned international and local speakers will show the world that we are competing with first world countries regarding scientific achievements”.

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“Planning for the Future” we encourage all Lebanese living in Lebanon and abroad, as well as all Arab and foreign dentists to attend this highly regarded meeting, in an effort to plan for a better future, not just scientifically, but culturally and politically.”

Prof. Maalouf further announced, “We should all denounce terrorism and extremist behavior. Attending this meeting and especially in this dire time will tell the world that we are strong together and will show them that no matter how hard they try to separate us we will always find a platform to meet. Lebanon is a small country but it has always reflected to the world a sense of modern civilization and openness to all cultures and religions. Lebanon does not tolerate extremist behavior and will not allow negative media to taint its reputation. Holding ambitious annual dental meetings with world renowned international and local speakers will show the world that we are competing with first world countries regarding scientific achievements”.

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